Leicestershire Partnership MHS

#### **NHS Trust**

### ASRS 18 item score

#### ADHD (Attention Deficit Hyperactivity Disorder) screening tool

| Name | Date of Birth |  |
|------|---------------|--|
|      |               |  |

| Α   | Inattention                                                                                                            | Tick ONE answer only                                |
|-----|------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|
| 1.  | How often do you have trouble wrapping up the final details of a project once the challenging parts have been done?    | Very Often<br>Often<br>Sometimes<br>Rarely<br>Never |
| 2.  | How often do you have difficulty getting things in order when you have to do a task that requires organisation?        | Very Often<br>Often<br>Sometimes<br>Rarely<br>Never |
| 3.  | How often do you have problems remembering appointments or obligations?                                                | Very Often<br>Often<br>Sometimes<br>Rarely<br>Never |
| 4.  | When you have a task that requires a lot of thought, how often do you avoid or delay getting started?                  | Very Often<br>Often<br>Sometimes<br>Rarely<br>Never |
| 5.  | How often do you make careless mistakes when you have to work<br>on a boring or difficult project?                     | Very Often<br>Often<br>Sometimes<br>Rarely<br>Never |
| 6.H | How often do you have difficulty keeping your attention when you are doing boring or repetitive work?                  | Very Often<br>Often<br>Sometimes<br>Rarely<br>Never |
| 7.  | How often do you have difficulty concentrating on what people say to you, even when they are speaking to you directly? | Very Often<br>Often<br>Sometimes<br>Rarely<br>Never |
| 8.  | How often do you misplace or have difficulty finding things at home or at work?                                        | Very Often<br>Often                                 |

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|                                                                                                                                         | Sometimes           |  |
|-----------------------------------------------------------------------------------------------------------------------------------------|---------------------|--|
|                                                                                                                                         | Rarely<br>Never     |  |
| 9. How often are you distracted by activity or noise around you?                                                                        | Very Often          |  |
|                                                                                                                                         | Often               |  |
|                                                                                                                                         | Sometimes           |  |
|                                                                                                                                         | Rarely              |  |
|                                                                                                                                         | Never               |  |
| B Hyperactivity-impulsivity                                                                                                             |                     |  |
| 10. How often do you fidget or squirm with your hands or your feet                                                                      | Very Often          |  |
| when you have to sit down for a long time?                                                                                              | Often               |  |
| Sometimes                                                                                                                               |                     |  |
|                                                                                                                                         | Rarely              |  |
|                                                                                                                                         | Never               |  |
| 11. How often do you feel overly active and compelled to do things,                                                                     | Very Often          |  |
| like you were driven by a motor?                                                                                                        | Often               |  |
|                                                                                                                                         | Sometimes           |  |
|                                                                                                                                         | Rarely              |  |
|                                                                                                                                         | Never               |  |
| 12. How often do you leave your seat in meetings or other situations                                                                    | Very Often          |  |
| in which you are expected to remain seated?                                                                                             | Often               |  |
|                                                                                                                                         | Sometimes           |  |
|                                                                                                                                         | Rarely              |  |
|                                                                                                                                         | Never               |  |
| 13. How often do you feel restless or fidgety?                                                                                          | Very Often          |  |
|                                                                                                                                         | Often               |  |
|                                                                                                                                         | Sometimes           |  |
|                                                                                                                                         | Rarely              |  |
|                                                                                                                                         | Never               |  |
| 14. How often do you have difficulty unwinding and relaxing when you                                                                    | Very Often          |  |
| have time to yourself?                                                                                                                  | Often               |  |
|                                                                                                                                         | Sometimes           |  |
|                                                                                                                                         | Rarely              |  |
|                                                                                                                                         | Never               |  |
| 15. How often do you find yourself talking too much when you are in social situations?                                                  | Very Often          |  |
|                                                                                                                                         | Often<br>Sometimes  |  |
|                                                                                                                                         |                     |  |
|                                                                                                                                         | Rarely<br>Never     |  |
| 16 When you're in a convergation, how often do you find yourgelf                                                                        |                     |  |
| 16. When you're in a conversation, how often do you find yourself finishing the sentences of the people you are talking to, before they | Very Often<br>Often |  |
| can finish them themselves?                                                                                                             | Sometimes           |  |
|                                                                                                                                         | Rarely              |  |
|                                                                                                                                         | Never               |  |
|                                                                                                                                         |                     |  |



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| 17. How often do you have difficulty waiting your turn in situations when turn taking is required? | Very Often<br>Often<br>Sometimes<br>Rarely<br>Never |
|----------------------------------------------------------------------------------------------------|-----------------------------------------------------|
| 18. How often do you interrupt others when they are busy?                                          | Very Often<br>Often<br>Sometimes<br>Rarely<br>Never |